**Learning and Teaching Continuity:**

**Year 7**

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| PSE | **Puberty** | **Task: Watch the four part series of Teen dreams** Episode 1: <https://www.youtube.com/watch?v=kyv4kmsvK1g>Episode 2: <https://www.youtube.com/watch?v=Typq9AvDgSw>Episode 3: <https://www.youtube.com/watch?v=QzBRQXUawYw>Episode 4: <https://www.youtube.com/watch?v=DGVPQF03tfI> Task: Write a summary for each episode* What was is about?
* What aspects of puberty were highlighted?
* How was this managed?

 T**ask 2: Create an article about puberty which could be given to students in year 7.** Things to include: * What is puberty?
* Reproductive system
* Changes experienced by male, females and both.
* How to deal with the challenges around puberty?
* Websites for information and to seek support.
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