

# Sydenham School Uniform Policy



## **RATIONALE:**

An effective uniform policy creates consistency across a school, increases unity, equity, and discipline amongst students, reducing the risk of peer pressure or conflict associated with wearing the latest fashion trends.

Sydenham School believes in high standards, high aspirations and the highest expectations in every aspect of its operation. Impeccable uniform plays a valuable role in contributing to the ethos of the school and unifying our school community. A smart appearance is an important aspect of modern life and instils self-confidence and a sense of self-respect, promoting positive messages about the school to the wider community. Our uniform policy is integral to ensuring a purposeful and successful climate for learning. The policy also contributes to ensuring students' safety in school, whilst also making them clearly identifiable and distinct when on visits, trips, and journeys to and from school.

Students and staff are expected to take pride in their appearance giving them high levels of self-worth. Students are expected to adhere to the High Performance Learning principles of, being Ready to Learn, Working Hard, Thinking of Others and Resilience. This will help them develop skills relevant to the 21st century and to develop the self-confidence and sense of purpose necessary for them to be successful global citizens in a highly competitive global society.

### **Sydenham School uniform also provides the following advantages:**

- Diminishes the social exclusion of students based on what they are wearing.
- Places stronger focus on academic performance.
- Reduces family tension, as students do not have to compete with their peers for the latest trends.
- Creates an atmosphere of teamwork.
- Encourages pride in not only their personal appearance but also of Sydenham School.
- Promotes safety, particularly through making it easier to identify non-Sydenham students.
- Increases self-esteem and reduces peer pressure.
- Is the most cost effective to parents in the long run.
- Makes them ambassadors for Sydenham School in the local community.

At Sydenham School we celebrate all identities. We recognise that everyone has the freedom and security to wear hairstyles of their choice within the bounds of health and safety while in school. We are a community built on an ethos of equality and respect where hair texture and style have no bearing on anyone's ability to succeed.

Our school champions the right of staff and students to embrace all Afro-hairstyles. We acknowledge that Afro-textured hair is an important part of our Black staff and students' racial, ethnic, cultural, and religious identities, and requires specific styling for hair health and maintenance.

### **Sanctions:**

All students are expected to wear the full Sydenham School uniform appropriately from the moment they leave their home in the morning until they arrive home in the afternoon. Students are always representing Sydenham School and should be proud to part of the Sydenham School community. Any student bringing Sydenham School into disrepute by not adhering to the uniform policy will receive sanctions as set out in our Behaviour policy.

## **SYDENHAM SCHOOL U N I F O R M**

All items of our school uniform are obtainable from:

Wearabouts  
99 Sydenham  
Road London  
SE26 5UA  
Tel: 020 8659 9917

**School uniform should be worn correctly, in school and to and from school.**

**\*All items marked with an asterisk must be bought from Wearabouts, the school uniform supplier in Sydenham High Street. Wearabouts have a wide range of sizes on offer for all items or orders can be placed. Please ask for assistance if you need it.**

### **\*School Bag**

- Compulsory for all students in Years 7-11
- Wearabouts Sydenham School rucksack with school logo OR
- Wearabouts Sydenham School Active rucksack with school logo.

### **\*Blazer**

- Compulsory for all students in Year 7-11, **\*Navy Blue, SS29E**
- The blazer must be worn to and from school every day, and whilst at school unless students are given permission to take their blazer off
- If students feel warm or in warm weather, they can remove their jumper but must still wear their blazer.

### **Coats**

- These may only be worn in addition to the blazer, when the weather is cold
- The coat must be navy blue/black without any logos. Leather or denim coats/jackets are **not** permitted.
- Outdoor coats should be plain with no visible logos.

### **\*Skirts**

- Compulsory for all students in Year 7-11, **\*Ramsay Blue BA028T** checked skirt
- Sydenham School blue checked ankle length long skirt (worn for religious reasons) **BA028T**
- Wearabouts, navy-blue loose-fitting trousers. The standard fit trousers code is **BT3052** and the sturdy fit trouser code is **BT3054**.

### **Blouse**

- **Blue reverse collar only** (open necked) Years 7-8
- **White reverse collar only** (open necked) Years 9-11
- Shirts to be worn tucked into skirt/trousers

### **\*Jumper**

- Compulsory for all students in Years 7-11

Navy blue plain v neck jumper with one blue stripe Years 7-8

- Navy blue plain v neck jumper with one white stripe Years 9-11

- Jumper to be worn over the skirt and not tucked into the skirt
- Sleeves must meet the wrist and be worn to the wrist at all times.

**\*Plain navy-blue Hijab** (worn for religious reasons in a traditional manner)

#### **Tights & Socks**

- Only plain opaque black tights, 20+ denier
- Black knee length socks worn below the knee or black full ankle (not trainer socks OR socks with logos)
- Over the knee socks are not appropriate

#### **\*PE and Dance**

- Students must have the compulsory school Physical Education kit for every lesson. This is:
- Sydenham Navy blue shorts
- Navy blue tracksuit bottoms with the school logo
- Navy blue polo shirt with the school logo
- Navy blue hoodie with the school logo (optional). However, when having PE lessons outside during winter, students will not be allowed to wear any other jumper other than the PE hoodie or School jumper. The hoodie must **not** be worn to and from school or at any other point during the school day, other than during PE/Dance lessons
- Trainers with non-marking soles and good grip (not plimsolls or converses)
- Plain white socks.

During PE lessons, hair that can cover the eyes must be clipped/tied back. The PE kit is required in every year group for all PE lessons and dance lessons.

#### **Shoes**

Plain, sturdy, black leather, polishable shoes with wide flat heels (not kitten type). Kicker shoes are allowed with normal black laces and stitching.

Canvas, Suede, Nubuck and Velvet shoes are **not** permitted. Boots of any kind or material are **not** permitted. 'Kickers' and 'Timberland' style boots are **not** acceptable. Trainers, trainer-style shoes or canvas style footwear are not permitted as formal school footwear.

#### **Hair**

At Sydenham School we celebrate all identities. We recognise that everyone has the freedom and security to wear hairstyles of their choice within the bounds of health and safety while in school.

In the interests of maintaining our uniform policy:

Hair must be worn in a simple style. Long hair must be tied back for practical subjects, PE and Dance. Thin hair bands, (supplied by the school if needed), is plain black

- No decorative hair bands, bandanas, bows, hair ties or ribbons are permitted
- Unconventional or elaborate hairstyles are not allowed, nor are bleached, coloured streaks or coloured false hair extensions
- Your hair should be your own natural colour
- No shaved head haircuts: No.1 cut

#### **Make-up and Nails**

No make-up, fake tan or nail varnish may be worn to school

- Nail extensions of any kind are not permitted
- No false eyelashes.

KS4 students are allowed **discreet** make-up

### **Jewellery**

- No jewellery is allowed, except a watch (no smart watches).
- Only one pair of small studs, worn in the lower ear lobes in a conventional manner
- No rings are permitted
- No necklaces unless religious
- No bands or hair bands are to be worn around the wrist
- No visible body piercing, including tongue or nose studs/rings, are allowed

### **Equipment**

Due to Covid 19 it is important every student brings in a fully stocked pencil case. A fully stocked pencil case should contain:

2 blue or black writing

pens 2 HB pencils

A pencil

sharpener

An eraser

A variety of colouring pencils (not felt-tipped) – this is particularly important for Technology, English and Humanities lessons but can be useful in many other subjects.

A Berol Fine Line black felt tip pen or similar

(for Art) A scientific calculator

A protractor (angle

measurer) A compass

A 30cm ruler (shorter rulers that are often sold, as part of Geometry sets is not adequate for most technical/scientific lessons)

A glue stick

A Green Pen for responding to feedback

### **Note: Scissors or craft knives are not permitted**

Reading Book and School Planner to be brought into school every day.

### **Mobile Phones**

If students choose to bring a mobile phone to school, the phone must be turned off and kept at the bottom of the school bag before they enter the school gates. Students must not use their phones on any part of the school site. If the mobile phone is seen on the school site it will be confiscated, placed in a named envelope, and will be kept in the school safe overnight. A meeting will be arranged involving the student, the student's family and the Headteacher.