## Step-By-Step (SBS)



Step-By-Step (SBS) provides a calm, nurturing environment within the school in order to support students social, emotional and behavioural needs and facilitates the removal of any barriers to learning. We encourage and facilitate the development of:

- Self-confidence
- Resilience
- Emotional regulation
- Positive and successful learning
- Strategies to pursue life-long learning
- Maturity to become successful independent citizens in and beyond school.

## **Drop-In support**

Students who need a chat with a member of the Inclusion staff because they are not coping with an aspect of school or home are free to drop-in to Inclusion for pastoral support at the following times;

Mon-Fri 8.30-8.50am Mon-Fri 10.50-11.10am (Break time) Mon-Fri KS4 12.50-1.30pm, KS3 1.40-2.20pm (Lunch time)

We also hold a 'Young Carers' Drop-In on Tuesdays 1.00-1.30pm in G1005

## **Inclusion Staff**

We have a team of three Learning Mentors and two specialist teaching assistants. They all have extensive experience of pastorally supporting young people and liaising with parents and teachers. They have a solid understanding of a range of needs and they can work with students individually, in small groups and in-class.

## **Group work**

Students are referred for group work generally by their Year Learning Co-ordinators or internally by Inclusion staff. The interventions include:

- Behaviour Modification
- Emotional Literacy
- Resilience
- Anxiety Management

Each intervention has a baseline and end-point assessment in order to ensure that the programmes are correctly targeted and effective.